

ADVANCED GASTROENTEROLOGY & ENDOSCOPY, P.C.

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MOVIPREP PREPARATION FOR COLONOSCOPY

You will need to purchase (with prescription):

- 1) One Moviprep kit
- 2) 64 oz. bottle of Gatorade (EXCEPT FOR RED COLOR) or Unsweetened Iced Tea

Date of Procedure: _____

Location: John T. Mather St. Charles Office

NOTE: Avoid Aspirin & products such as Advil, Aleve, Motrin, Vioxx, Celebrex and blood thinning medications such as Coumadin, Plavix & Vitamin E for **ONE WEEK** prior to the procedure. **ONLY TYLENOL IS ALLOWED.**

DAY BEFORE THE PROCEDURE:

1. In the morning prepare both doses of Moviprep by emptying One Pouch A and One Pouch B into the liter container and mix with 32oz. of either Gatorade or Unsweetened Iced Tea. Shake well and make sure it is fully dissolved and then refrigerate the container.
2. You may have a light breakfast but drink only clear liquids for lunch and dinner. Clear liquids include water, black coffee, tea, clear fruit juices (without pulp) including apple, orange, white grape or white cranberry, limeade or lemonade, meat broth or bouillon, carbonated beverages, gelatin desserts without added fruit or topping (no red, purple, or blue), ice popsicles (not red, blue or purple) and hard candy. Solid foods, milk/milk products or non-dairy creamers are not allowed.
3. At **5:00pm start the 1st dose of Moviprep.** Drink 8oz. of Moviprep every 15 minutes until the full liter is finished (should take about an hour to complete) and follow with 16oz. of any clear liquid.
4. Please call the day before your procedure to confirm the time you are to arrive at your procedure location. If you are scheduled on a Monday call the hospital on the Friday before.

John T. Mather Procedures: call **631-476-2717** between 3:00PM-6:00PM

St. Charles Hospital Procedures: call **631-474-6285** between 4:00PM-6:00PM

Office Procedures: call **631-331-0200** between 10:00AM-4:00PM

DAY OF THE PROCEDURE:

1. **Start the 2nd dose of Moviprep 5 hours prior to your procedure.** Drink 8oz. of Moviprep every 15 minutes until full liter is finished. Follow this with 16oz. of any clear liquid.
2. A friend or a relative must drive you home after the procedure for you will not be able to drive. If you have any questions, please call the office at (631) 331-0200.

PLEASE REFRAIN FROM SMOKING ON THE DAY OF THE PROCEDURE AND REMOVE ALL VALUABLES PRIOR TO COMING IN.