

ADVANCED GASTROENTEROLOGY & ENDOSCOPY, P.C.

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**SUPREP BOWEL PREPARATION FOR COLONOSCOPY**

You will need SUPREP Bowel Prep Kit which contains:

- 1) Two 6-oz bottles of liquid bowel prep., 16-oz mixing container, patient booklet which includes medication guide, patient instructions, full prescribing instructions.

Date of procedure: \_\_\_\_\_

Location:                      John T. Mather                      St. Charles                      Office

NOTE: Avoid Aspirin & products such as Advil, Aleve, Motrin, Vioxx, Celebrex and blood thinning medications such as Coumadin, Plavix & Vitamin E for **ONE WEEK** prior to the procedure. **ONLY TYLENOL IS ALLOWED.**

**DAY BEFORE YOUR PROCEDURE:**

1. You may have a light breakfast but drink only clear liquids for lunch and dinner. Clear liquids include water, black coffee, tea, clear fruit juices (without pulp) including apple, orange, white grape or white cranberry, limeade or lemonade, meat broth or bouillon, carbonated beverages, gelatin desserts without added fruit or topping (no red, purple, or blue), ice popsicles (not red, blue or purple) and hard candy. Solid foods, milk/milk products or non-dairy creamers are not allowed.
2. At 5:00 PM, pour **ONE 6-oz** bottle of SUPREP liquid into the mixing container. Add cool drinking water to the 16-oz line on the container and mix. Drink all the liquid in the provided container. You **MUST** drink two more 16-oz containers of water over the next 1 hour.
3. At 9:00 PM pour **ONE 6-oz** bottle of SUPREP liquid into the mixing container. Add cool drinking water to the 16-oz line on the container and mix. Drink all the liquid in the provided container. You **MUST** drink two more 16-oz containers of water over the next hour.

**DAY OF YOUR PROCEDURE:**

1. A friend or relative must drive you home after the procedure. You will not be able to drive for at least 8 hours. If you have any questions, please call the office at (631) 331-0200.
2. Please call the day before your procedure to confirm the time you are to arrive at your procedure location. If you are scheduled on a Monday call the hospital on the Friday before.  
**John T. Mather Procedures:** call **631-476-2717** between 3:00PM-6:00PM  
**St. Charles Hospital Procedures:** call **631-474-6285** between 4:00PM-6:00PM  
**Office Procedures:** call **631-331-0200** between 10:00AM-4:00PM

**PLEASE REFRAIN FROM SMOKING ON THE DAY OF THE PROCEDURE AND REMOVE ALL VALUABLES PRIOR TO COMING IN.**