

ADVANCED GASTROENTEROLOGY & ENDOSCOPY, P.C.

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631-331-0200

1-888-GASTRO-1

**HALFLYTELY PREPARATION FOR COLONOSCOPY**

You will need to fill the prescription for the Halflytely (package contains Dulcolax tablets)

Date of Procedure: \_\_\_\_\_

LOCATION:                                      Mather                                      St. Charles                                      Office

NOTE: Avoid Aspirin & products such as Advil, Aleve, Motrin, Vioxx, Celebrex and blood thinning medications such as Coumadin, Plavix & Vitamin E for **ONE WEEK** prior to the procedure. **ONLY TYLENOL IS ALLOWED.**

**DAY BEFORE THE PROCEDURE:**

1. You may have a light breakfast but drink only clear liquids for lunch and dinner. Clear liquids include water, black coffee, tea, clear fruit juices (without pulp) including apple, orange, white grape or white cranberry, limeade or lemonade, meat broth or bouillon, carbonated beverages, gelatin desserts without added fruit or topping (no red, purple, or blue), ice popsicles (not red, blue or purple) and hard candy. Solid foods, milk/milk products or non-dairy creamers are not allowed.
2. Add lukewarm drinking water to top of line on bottle. Add flavor packet of your choice. Cap bottle, shake until the powder is dissolved and refrigerate.
3. At 12:00 Noon: Swallow all four Bisacodyl (Dulcolax) tablets with water. Do not chew or crush. Do not take the Bisacodyl tablets within 1 hour of taking an antacid.
4. At 6:00PM (or earlier if possible) begin to drink the solution at a rate of one 8 oz. glass every 10-15 minutes until you drink ALL of the solution.
5. NO FURTHER FOOD OR LIQUID AFTER MIDNIGHT.
6. Please call the day before your procedure to confirm the time you are to arrive at your procedure location. If you are scheduled on a Monday call the hospital on the Friday before.

**John T. Mather Procedures:** call **631-476-2717** between 3:00PM-6:00PM

**St. Charles Hospital Procedures:** call **631-474-6285** between 4:00PM-6:00PM

**Office Procedures:** call **631-331-0200** between 10:00AM-4:00PM

**DAY OF PROCEDURE:**

1. A friend or relative must drive you home after the procedure. You will not be able to drive for at least 8 hrs. If you have any questions please call 631-331-0200.

**PLEASE REFRAIN FROM SMOKING ON THE DAY OF THE PROCEDURE AND REMOVE ALL VALUABLES PRIOR TO COMING IN.**