

ADVANCED GASTROENTEROLOGY & ENDOSCOPY, P.C.

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OSMOPREP PREPARATION FOR COLONOSCOPY

Date of Procedure: _____

Location: John T. Mather St. Charles Office

NOTE: One week prior to the procedure AVOID Aspirin & products such as Advil, Aleve, Motrin, Vioxx, Celebrex and blood thinning medications such as Coumadin, Plavix, & Vitamin E. **ONLY TYLENOL IS ALLOWED.**

DAY BEFORE THE PROCEDURE:

1. Drink only clear liquids for breakfast, lunch, and dinner. Clear liquids include water, black coffee, tea, clear fruit juices without pulp, such as apple or white grape, broth or bouillon, carbonated beverages, lemonade, Gatorade, lemon-lime or orange jello, ice Popsicles (not red, blue, or purple) and hard candy. Solid foods, milk or milk products are not allowed.
2. At **6:00pm** take **4 Osmoprep tablets** with 8 ounces of clear liquid (preferably ginger ale) every 15 minutes for a total of **20 tablets**.

******Please call the hospital or the office the day before your procedure to confirm the time you are to arrive. If you are scheduled on a Monday, call the hospital on the Friday before******

John T. Mather: call **476-2717** between 3:00PM-6:00PM
St. Charles Hospital call **474-6285** between 4:00PM-6:00PM
Office call **331-0200** after 10:00AM-4:00PM

DAY OF THE PROCEDURE:

1. Three to five hours before you leave for the office or hospital, **Take 4 Osmoprep tablets** with 8 ounces of clear liquid (preferably ginger ale), every 15 minutes for a total of **12 tablets. NO FURTHER LIQUID OR FOOD AFTER THIS.**

****A friend or a relative must drive you home after the procedure. You will not be able to drive for at least 8 hours. If you have any questions, please call the office at (631) 331-0200****

PLEASE REFRAIN FROM SMOKING ON THE DAY OF THE PROCEDURE AND REMOVE ALL VALUABLES PRIOR TO COMING IN.